



NEWSLETTER

10 Things We Love About 2022

Like many of you, we can't believe another season is over. We kept alert, ready for any inkling of lockdowns or government announcements with our masks and sanitiser ready to go. By mid-season we were experts, calm and controlled, capable of finding a fill-in to replace the Covid kid, or counting down the days in isolation until the family could return happily to their weekend routine of misplaced water bottles and requests for the best hot chips in town.

With more health and safety rules in place than ever before, we went about our business responsibly and considerately, knowing a teammate or friend was sick or isolating. We banded together and accomplished it with teamwork. Our love for basketball created a replenished strength in community spirit and we flourished.

Here are 10 Things We Love About 2022:

1. We welcomed our amazing Gold Sponsors, NHBB, Duet Property, Hart & Co and Locafy, in addition to our Silver Sponsors, Probroker, Solas Orthodontics, APE Medical Supplies, Peak Podiatry and Regenerate Physiotherapy.
2. Ann-Marie Cooper officially became our Administration Officer and she is gold.
3. We had two "Coach the Coaches" sessions with Coaches Matt Parsons and Andrew Ferguson and made use of a new WhatsApp Coach/Manager group chat.
4. We had a Special Medical Information Night in May and a sent out a Special Edition Medical Newsletter in September thanks to our medical sponsors.
5. We put out four club newsletters in January, May, August and October.
6. We had a memorable Club Night at the NBL1 in June with generous donations from Duet Property.
7. We provided 90+ Coaches and Managers with new polo shirts embroidered with our gold sponsors logos.
8. We donated 300+ jerseys to regional communities in need, through the BWA Indigenous Program.
9. Our Tuesday Under 8s had a fantastic season finishing with rose gold medallions and rainbow cupcakes.
10. We gave away vouchers to nominated "Hoop Hero of the Week" players thanks to Flipside Burgers and enjoyed wind-ups at V-Burger, Grill'd and Boulevard Pizza.

October 2022, Issue 5

THIS ISSUE

10 Things We Love About 2022	P1
Core Strength	P2
With a Grateful Hart	P3
Perpetual Award Shortlist	P4
Heartfelt Thanks	P5



Wind-up fun with the U8's.

CORE STRENGTH

A second successful “Coach the Coaches” morning took place in the Ellis Room at Bendat, with around 25 CBBC coaches discussing all things basketball.

With Coach Parso and Coach Fergie at the helm, the group lay in safe hands and listened intently knowing there was plenty to be gained. Attendees included junior coaches, parents, and players, as well as experienced coaches keen to expand their knowledge and step out of their comfort zone.

So, what did we learn? We were reminded of the power of putting our collective coach brains together and started some chatter about our core values when it comes to coaching our developing players. Traits such as good sportsmanship, integrity and passion echoed around the small group discussions, and it was great to hear the diverse qualities coaches found desirable for their teams.

We were made aware of the stability and reassurance gained from situating our core values at the top of our game plan, guiding us on game day through the inevitable moments of despair or uncertainty. There is much success to be realized despite a game loss, and these events shape us as coaches and provide our players with the tools to become resilient athletes and confident young adults.

Club President, Paul West, thanked Matt Parsons and Andrew Ferguson on behalf of the club for their valuable input and guidance.

As coaches, we aim to continue to seek answers to our questions and lighten the load by sharing the skills and resources we have in each other.

An additional CBBC coaching platform for sharing of training plans and court skills is coming soon thanks to the ideas that came forth from this great collaboration.



CBBC coaches collaborating and learning from NBL1 Coach, Matt Parsons, and Coach/NBL1, Player Andrew

SPECIAL THANKS TO OUR SILVER SPONSORS



WITH A GRATEFUL HART



CBBC Treasurer, Matt Pickford, (left) presents new Gold Sponsor, Rick Hart, (right) from Hart & Co with a framed City Beach Basketball Club medallion.

It is the generosity of our local community businesses like Hart & Co that helps our large club to continue to grow. We have over 750 boys and girls in the City Beach Basketball Club, shooting hoops each week with enough energy and enthusiasm to run the Hart & Co appliance showroom.

Our players are learning to exercise and take care of their health from a young age. They build friendships, learn teamwork, exhibit good sportsmanship, and learn respect for coaches and referees. They will discover the triumph of a hard-fought win, but also build resilience through the disappointment of a loss, and some will find a passion or determination that will propel them onto greatness, in basketball or beyond, with new found self-confidence.

We too will grow as parents or coaches and discover the fulfilment that comes from being part of a great club and giving back to others in the community with a grateful heart.

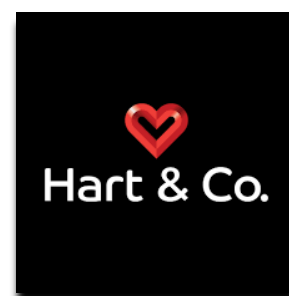
SPECIAL THANKS TO OUR GOLD SPONSORS



<https://www.nhbb.com.au>



<https://locafy.com>



<https://hartandcoappliances.com.au>



<https://www.duetproperty.com.au>

CBBC PERPETUAL AWARDS

SHORTLIST FOR 2022

We received a stellar pool of nominees this season and would like to congratulate those who made the shortlist below. All winners will be notified by email and invited to receive trophy at the next AGM.

Player Awards Shortlist

Junior Girl Nominees

Kyah Miller, Georgia Duncan,
Sansa Tatum, Sophie Gibbs

Junior Boy Nominees

Danil Kazanov, Nate Pickford,
Hugh Morphett, Lincoln McKeown

Intermediate Girl Nominees

Kate Lanigan, Sarah Stewart,
Mila Glass, Uma Carr

Intermediate boy Nominees

Oscar Doyle, Darcy Martin,
Daniel Vreugdenburg, Oscar Coenen

Senior Girl Nominees

Jacy Nicholls, Ripley Carr,
Bronte Durrant, Tayarna Vlahov

Senior Boy Nominees

Tom Sturley, Max McDonald,
Jordie West, Ben Williams

★ **SHORTLISTED** ★

Coach and Manager Awards Shortlist

Best First Year Coach Shortlist

Joseph & Samuel Panetta, Craig Murray,
Fletcher Flynn, Tristan Kirkham, Liv Pickford

Young (U/23) Coach Shortlist

Eddie Farquharson, Michael Humphryson,
Maddie Fry, Jordie West, Jamie Floyd

Senior Coach Shortlist

Paul Trainor, Erinne Wheatland,
Mark Seaby, Andy Carr

Manager of the Year

Georgina Versteegan, Tania Salmon,
Alice Mills, Jen Cabassi

Leadership Awards Shortlist

Female of the Year

Danielle West, Megan Watters, Meike Chang

Male of the Year

Paul West, Franklyn Jardine, Matt Parsons

Family of the Year.

Teh Family, Liddelow Family, West Family



HEARTFELT THANKS

We received many kind messages of thanks during the final weeks. A club this large cannot function without many people co-operating and there is a special place in our hearts for those who volunteered their time, or shared their personal skills or knowledge with the club.



Our committee is a fantastic group of loyal people, positive and hardworking, who have been outstanding in what they have accomplished this season. They are parents who simply stepped up to the challenge. We encourage everyone to get involved and help-out at any level you can manage. The General Committee is a great place to start, where you can take on miscellaneous jobs throughout the season that appeal to you.

Thanks to our 2022 Committee

Paul West	President
Megan Watters	Vice President
Matt Pickford	Treasurer
Franklyn Jardine	Secretary
Meike Chang	Property Officer
Sally Hansen-Knarhoi	Registrar
Bev Harland	Coaching Co-ord.
Danielle West	Communications
Tania Salmon	Events Co-ord.
Mel Williams	General Committee
Gavin Burnett	General Committee
Andy Carr	General Committee
Jody Gardiner	General Committee
Ann-Marie Cooper	Admin Officer



CBBC ANNUAL GENERAL MEETING

WEDNESDAY, 9th NOVEMBER 2022

THE WHITE ROOM @ WEMBLEY HOTEL

7.00PM - 9.00PM

A small reception for the Perpetual Award winners will precede the AGM.

Please RSVP to admin@citybeachbasketball.org by **COB 04 November 2022**.

Note: All attendees can register on the night for training court preference for the 2023 season.

